

# 7 Signs That Civil War Is About To Happen Part 3

Part 1: [http://foreverfree.host/articles/7 Signs That Civil War Is About To Happen In The US- part 1.pdf](http://foreverfree.host/articles/7%20Signs%20That%20Civil%20War%20Is%20About%20To%20Happen%20In%20The%20US-%20part%201.pdf)

Part 2: [http://foreverfree.host/articles/7 Signs That Civil War Is About To Happen In The US- part 2.pdf](http://foreverfree.host/articles/7%20Signs%20That%20Civil%20War%20Is%20About%20To%20Happen%20In%20The%20US-%20part%202.pdf)

In Part 1, we discussed nine (9) social, political and economic factors that are precursors to civil unrest. These nine factors form the basis of the seven (7) signs that a new US Civil War is on the horizon. These seven signs, discussed in Part 2, are:

1. Increasing Partisanship
2. Dysfunctional Governance
3. Impeachment and Coup Rhetoric
4. Widening Wealth Gap
5. Further Entrenching Oligarchy
6. Rise of Extremist Ideologies
7. Artificial Intelligence

In this final segment on the possibility of civil war we will discuss what you can do to protect yourself and your loved ones. This is not a complete discussion of what can be done but rather some common sense approaches you can take.

To begin with we need to realize is that if we are a rational human being, is that we have the instinct for self-preservation – “the protection of oneself from harm or death.”

Civil unrest or war pits family, neighbors and communities against each other. The result of which is mental, physical, financial and economical harm. In other words, civil unrest or war is not pretty. No matter what you call it, civil unrest/civil war is war and it is ugly and dirty. The only difference between civil war and war itself is that the enemy comes from within instead of outside our borders. What we see in the media on the war in Ukraine are the same outcomes that civil war brings.

War is called by many different names and has an equal number of definitions.

**Unrest and War Defined**

A physical, mental, political, economic, religious, ethical, or moralistic conflict or struggle between opposing forces.

Among the latest civil unrest events is the Capital Hill Riot. This riot, like all riots, was not called for by the president as many may believe. Riots and other forms of civil unrest are struggles or conflict typically between some form of governance and the people it serves.

The length of time that civil unrest lasts is generally dependent on its motivation. The events can be as short as a day or may last for extended years. Regardless of how long the unrest will last, you must be prepared both mentally and physically in order to survive the event.

Mental preparation is probably the hardest for many. It requires developing a survival mindset which includes:

- awareness and understanding of the situation
- the willpower (tenacity) to endure
- the willingness to protect
- the ability to adapt to changing events, situations and environments
- having unbreakable faith
- increasing your creativity skills
- taking charge with decisive action
- developing and rehearsing survival skills

## Preparing To Survive Civil Unrest

The first question that many have is, "Should I prepare for civil unrest?" Whether you are staying at home or traveling, the answer is an emphatic **"Yes!"**

There are many signs that unrest is going to occur, and if you are not prepared, well you may not survive. In the past, farmers always stored seeds from the current crop to use for the next year's crop. Today they rely on various seed producers, but if those producers went belly up, the farmers will not be able to plant the next crop.

In the **Bible**, Genesis 6:9-7:24, tells the story of Noah and the flooding of the earth. While Noah prepared by building the ark, he was shunned by his people, who did not prepare and thus did not survive the Great Flood.

Just as you prepare for a vacation, there are many things you need to think about and do. As you prepare, keep in mind that civil and social unrest comes in many different forms.

Without realizing it, you already have a preparation mindset. For example you put money away for emergencies, buy various forms of insurance, stock the kitchen with food, and you have made plans to deal with severe weather events. So preparing for unrest is just another step in your survival plan. Don't be blind, as Noah's neighbors were, to what the future holds.

Every day, somewhere in the country, people gather to voice their beliefs, their displeasure, and even their anger, and almost always, these groups remain calm and then disband. Unfortunately, there are many cases where the opposite happens.

First and foremost in preparing for surviving a civil unrest event, you must create a written plan. The following steps are drawn from the experience of experts in emergency response, survival, law enforcement, and civil unrest. Their survival strategies for civil disturbances are simple to learn and implement.

## **Stay Informed**

Many of us are so tired of the "news" that like the proverbial ostrich we put our head in the sand. We're tired of "bad" news, fake news, ill informed pundits and commentators that we simply no longer listen.

As hard as it is to listen or watch the news, it's important to know what is going on in your area. Look for signs of increasing coverage of one topic, hostility toward a particular group, organization or area, hot-button topics, and propaganda stemming from both sides

However be wary of fake news: An MIT study found that fake news is 70 percent more likely to be re-tweeted than true news. In addition, it takes true stories six times longer to reach 1,500 people than it does for fake news.

Information is literally. your best friend before and during a crisis. Stay aware of local situations that may escalate into riots. Know where the danger zones are and steer clear of them

While a crisis is ongoing, stay tuned to your local news.

## **Importance of Knowledge**

Staying informed on what is going on is only one part of having the knowledge you need to survive. Unlike the past, civil unrest or civil war isn't as simple as one side vs the other side. Most everyone will **not** be wearing a uniform. Thus you need to learn as much as you can about who is involved and what to look out for.

Familiarize yourself and family with your area. Learn where potential bad spots are, identify potential resources, and develop escape routes and alternatives to them. Keep your wits about you and your eyes and ears open. This means staying focused on getting out of a potentially bad situation.

Having knowledge of the situation and acting on it is called "Situational Awareness."

## Stay Home

There is a lot of disagreement between whether you should stay home or bug out during civil unrest or civil war. The best advice is to let the circumstances dictate which action you take.

In this section we look at staying at home as an initial safety approach.

As the old adage goes, "Curiosity killed the cat." As we watch riots on our TV, many of us wonder how the rioters can do this, after all they are everyday folk like you and me. The answer is mob mentality.

While the term conjures up a lot of negative connotations the chances are that you have experienced mob mentality. We see it at concerts when the audience sways to the music, raises their arms, and shout out. at football or basketball games the viewers sit on their "team's" side and collectively praise or moan some action on the field. And the more prevalent form of mob mentality is when someone is "on stage" and either says or do something followed by a moment of silence and then on applause followed by a roomful of applause.

Young children and early teenagers are curious about what is happening, while older teenagers and young adults think it cool to go see what's happening, get caught up in the crowds' (rioters) emotions and fall into the mob's mentality.

To summarize this section, if there is civil unrest, protests, demonstrations or riots taking place, stay away from them. If you live in an area where demonstrations or riots are taking place, you should only leave home when it is absolutely necessary.

If you must leave home for a specific reason (food, medicine, etc.) or if the situation dictates that it would be safer to leave rather than to stay, the potential leave should be carefully considered. You do not want to walk or drive into any active areas.

## Stock Up

Whether the civil unrest is brief, lasts for days, or even weeks, you will need access to basic necessities – food, water, and shelter – that you already have. This is especially important because you will not be able to go out and replenish your supplies.

- Plan ahead, think about what your family needs.
- Make sure that you have a well equipped first-aid kit.
- Have emergency cash on hand in small bills.

It is important to reduce your need to buy groceries, medical supplies, or other necessary items. Online ordering and delivery during unrest is much safer than going out on the streets. Furthermore the stores you might go to may very well be out of the items you want, either through not being able to get supplies or through looting.

If your neighborhood is a hot spot, buy the maximum allowed of any items you need to reduce your overall travel.

## Keep a Low Profile

That's easy to do if you stay home. However you may want to think twice about those signs in your front yard, on your doors and windows, and on your car. This is especially true if the signs expound a political belief or opinion. At times of high stress and violence in the streets, some people are looking for trouble. Don't give them a reason to find it with you.

The same is true when walking through an area of demonstrations, protests, and especially civil unrest. Don't take sides since there's a good chance that both sides will be in the vicinity and you rarely know who you'll encounter.

If confronted by someone asking you whose side you're on, tell them you're on their side and slip away as calmly and quickly as possible. You may also want to think twice about any clothing that makes specific or polarizing statements about controversial ideas or positions. Remember that the best way to stay out of trouble is to not ask for it.

## Lock Up

It's one thing to lock up at night, but if you live in an apartment or neighborhood in close proximity to potential demonstrations or protests, keep your doors and windows locked at all times. Most rioters and looters tend to focus on businesses rather than individual homes or apartments, but as civil unrest grows, the direct threat can increase overall.

Some people choose to re-enforce their doors and windows and even go so far as to put up barricades on all entrances. That depends on the situation and the individual. If you have to resort to that level of security, don't forget to make sure you can make a quick exit in the event that arson causes a fire to reach your location.

## **Don't Get Caught in the Middle**

If you find yourself in an unfolding situation of violence or civil unrest, calmly walk away and out of the situation. Keep a low profile. Don't intervene with looters or take direct exception to what someone is saying or doing. Find a way to get out of the area and away from the violence.

Don't give the police or the National Guard any reason to see you as a threat. They are not there to protect you. They are there to disperse the crowd and break up the riot. If they see you as part of the problem, they will act accordingly. Don't run but move quickly.

If you're driving and find yourself in a riot, stop if you must. Drive slowly and carefully. Don't say or demonstrate aggressive or provocative behavior. If you must leave your car, get out, lock it and blend in with the crowd as you walk away.

## **Bug Out or Stay Home**

Like other survival areas there is a lot of controversy on this topic. The decision to leave or stay at home cannot be made at the "last minute." It needs to be part of your survival plan. Your plan should be based on several needs (not wants), and stockpile appropriately.

- Make sure that you have enough water for every member of your family. The average adult drinks one half gallon per day, and children, sick people, and pregnant women drink more than that. It's safest to store pre-packaged water, and don't forget to account for your pets too.
- Store enough food for your family to survive several days, and remember to consider dietary restrictions. Opt for foods with the most nutrition and longest shelf life, such as canned vegetables, stew, and powdered milk. Some foods may even be stored indefinitely
- Keep a 30-day supply of medications on hand, if you can, and keep them together so that you can easily stick them in your emergency kit if you need to. It's also a good idea to make a list of all medications your family takes and

considerations including situational awareness.

One key factor is to know when to bug out. This is where situational awareness comes into play. Civil unrest just doesn't happen. There are many indicators leading up to the unrest. Similarly the situations have patterns and indicators as well.

If you live in an area, town, or city that has experienced unrest, protests, demonstrations, rioting and/or looting, study those events to see how they unfolded. Pay attention to the geographical paths that were taken and the actions of those involved. Your proximity to those incidents should help you to decide at what point in the unrest you should bug out. That point may be before the unrest actually begins or when it gets to a particular location.

Another aspect of situational awareness is identifying the "threats" that would cause you to bug out and when. While the major threat may be violence and harm, there are other reasons for bugging out. Some other threats include:

- Severe weather changes
- Encroaching fires
- Lack of heating and/or cooling
- Shortages of water, food, and medications
- Use of bombs and explosives
- Use of automatic and assault weapons

Once you have identified the awareness aspects of your bug out plan, it is time to decide where you will bug out to. You should have a primary location, and at least two secondary alternatives. These locations could include:

- a vacation home
- a farm in a rural area
- a relative or friend's home
- an extended stay in a motel or hotel
- staying at a campground or RV park
- camping out in the wilderness

Other options include national forests, mines, ghost towns, and abandoned factories.

If you decide to go to a farm, or a relative's or friend's home, be sure to talk with them well before any situation arises.

Your greatest challenge will be getting to your location safely. Get out a map and plan your primary route to each location. Then establish secondary routes from your bug out location and also secondary routes along the primary route. In planning your routes, consider possible barriers such as flooded areas, bridges being out, other areas experiencing unrest, weather conditions, etc.

Before bugging out, there are a few things you should keep in mind:

- Don't tell anyone you are bugging out and try to make your house or apartment appear to be occupied. A house or apartment that is obviously deserted at a time of civil unrest is a quick target for looters and vandalism.
- Lock up and barricade your house as much as possible and take any items of value with you. The rule in that regard is simple. If you don't want to lose it, then take it or hide it.
- Don't assume your bug out location is an automatic safe haven. Continue to practice due diligence and anticipate events that could occur there.

Your bug out plan should also include what you will be taking with you. Ideally, all items on that list should be stored in one place. However you may need two or three storage areas but no more. There are many items that can go on the list, but you should only have those items that are necessary for survival. Comfort and "wants" should be very limited.

## About weapons

There is a lot of controversy over the ownership and/or use of firearms. The fact is that a firearm is a weapon along with knives, hammers, bows and arrows, spears, fire, etc. In the right hands, almost anything can be used as a weapon.

Whether you are pro-gun or anti-gun it is a mute point when it comes to self-defense and protecting your family. regardless of what weapon you choose, you must practice using it for protection against those wishing to harm you.

The really big question is should you carry a weapon on your person? If you decide to do so, then it should be carried concealed. Think twice about displaying any weapon where people can see it. Law enforcement and the National Guard will not see you as a wise and prepared person acting to simply defend yourself in an emergency. There's a good chance they will see you as a threat and during times of civil unrest, they rarely stop to ask any questions.

Wearing a weapon on your belt can be provocative, and while it may give you a sense of confidence, if shots ring out in your vicinity, it won't take much for law enforcement to assume you may have been the shooter.

## Have a Plan

What do we do if there's a knock at the door and who should answer it and how?

What do we do if the neighbor's house or the apartment building we live in catches on fire?

Should we tell any friends or neighbors about our plans and emergency supplies?

What other things are you worried about and what else should you discuss and plan for?

Having a plan for events will give you some degree of peace-of-mind, and the last thing you want to do is panic at the moment something unexpected occurs. Take the time to stop, think, and anticipate so you can form a plan for events.

Planning for survival is uncomfortable, but it's worth discussing and planning with your immediate family. How should you individually and collectively respond to a variety of possibilities? It's probably best to not include small children, but they should be aware of the fact that you and they may have to act quickly.

Write your plan down in detail. Place it in a 3-ring binder and review it annually at a minimum.

## Final Thoughts

I wish I had some inspirational words or reasons for optimism, but I don't. This is a dark time in American history. My only hope is that when it's all over, we'll find a way to become the *United* States again.

Meanwhile, If you feel you must be a part of a protest, as it's your constitutional right, then watch for signs of increased, maybe even irrational emotion. Be aware if the emotional level around you rises, voices become louder, and people actively begin to act out in violent ways.

Voicing your concerns is one thing. Ending up at the ER because a rioter slammed you to the ground isn't exactly the result anyone wants to experience.